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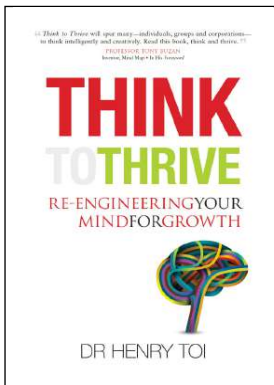
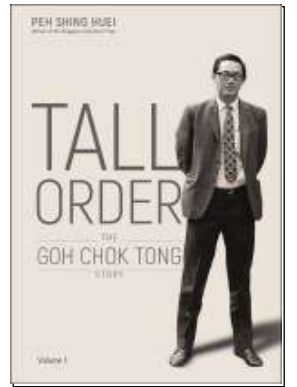
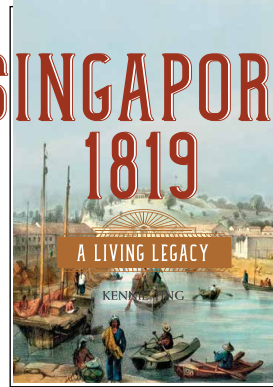
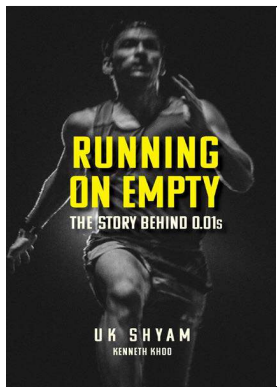
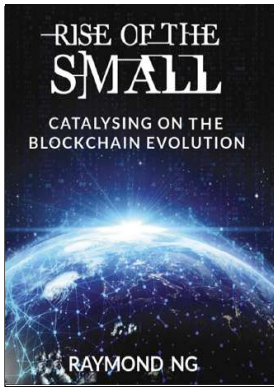
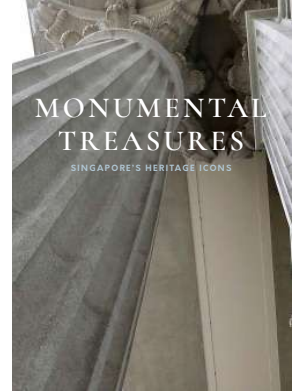
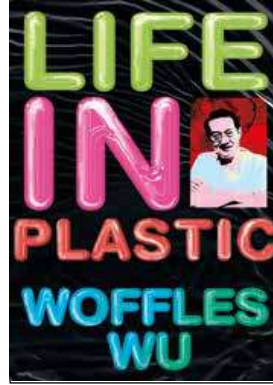
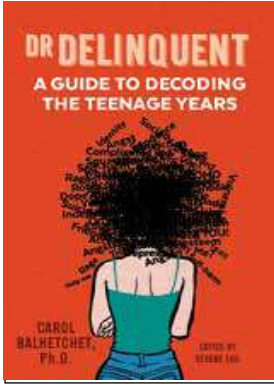
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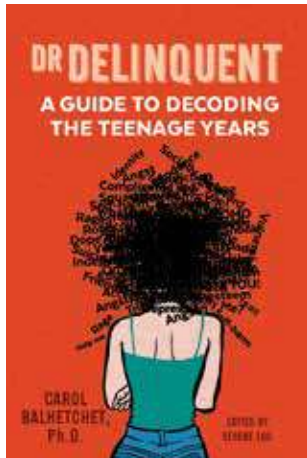
Promotion valid until 28-Dec 2018

Click on image for book details.



Order Form

A NEW BOOK FROM
Straits Times Press



Dr Delinquent:
A Guide To Decoding The Teenage Years
by Carol Balhetchet Ph.D and
edited by Serene Luo
ISBN: 9789814827034
Size: 152 mm x 227 mm (portrait)
Extent: 160 pp, soft cover with flaps
Pub: Aug 2018

Retail Price: \$ 25.00
Special Price: \$ 21.25
(Valid till 28-Dec 2018)
Prices are inclusive of GST

DR DELINQUENT: A GUIDE TO DECODING THE TEENAGE YEARS

CAROL BALHETCHET, Ph.D
EDITED BY SERENE LUO

A boy hated going to school. He claimed to be sick, or secretly left class halfway. His mother thought he was “allergic” to school. Digging deeper, it emerged that he was terrified his parents were going to split up. Skipping school meant he could stay home to keep an eye on the family.

A girl was cutting herself. She loved the sense of power it gave her. She thought she had control over her life. In truth, cutting was her way of coping with a life so tightly scripted it left her no say in it at all.

Why do young people behave the way they do? What goes through their minds and what do they wrestle with? In this illuminating book filled with real-life stories, counsellor and clinical psychologist Dr Carol Balhetchet delves into issues underlying teenage behaviour and looks at layers of factors that can build up and come to a head.

Young people reading this book will get a better understanding into why they feel the way they do, while parents will see a bit of themselves — if not a lot — in the kinds of behaviour Dr Carol describes.

Edited by The Straits Times Schools editor Serene Luo, this book highlights parenting woes and mistakes, offers advice on communicating with teens, and ultimately gives hope that families can mend ties that have broken.

- **About the Author | Carol Balhetchet** spent more than 20 years in schools, the social services sector and the private sector counselling children, teenagers and their parents. She spent 18 years with the Singapore Children’s Society where she was in charge of programmes such as the Beyond Parental Control orders, writing a book on drop-in centres, as well as starting Roundbox @ Singapore Children’s Society in Toa Payoh. She has degrees in applied psychology and psychotherapy from the Australian College of Applied Psychology, as well as a master’s and PhD in psychology from Central Queensland University. She is currently in private practice.
- **About the Editor | Serene Luo** joined The Straits Times after graduating from the now-Wee Kim Wee School of Communication and Information in 2005, and has worked on several desks including the technology beat of the newsdesk and My Paper. It is at the Schools team, of which she is now the editor, that she has found a deep connection and heart for young people. Her work on the Schools’ publications, events, outreach and more has allowed her a window into the world of young people, to understand what makes them tick.



ORDER



Home is Not Here

Publication Year: 2018

216 pages, 229mm x 152mm

Casebound

ISBN: 9789814722926

By Wang Gungwu

Publisher: Ridge Books

Retail Price: \$ 25.68

Special Price: \$ 21.83 (Valid till 28-Dec 2018)

Prices are inclusive of GST

As someone who has studied history for much of my life, I have found the past fascinating. But it has always been some grand and even intimidating universe that I wanted to unpick and explain to myself.

Wang Gungwu is one of Asia's most important public intellectuals. He is best-known for his explorations of Chinese history in the long view, and for his writings on the Chinese diaspora. With *Home is Not Here*, the historian of grand themes turns to a single life history: his own.

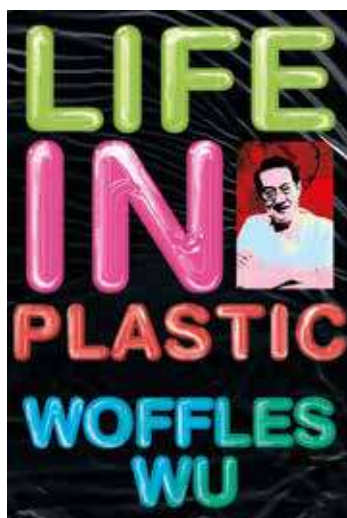
In this volume, Wang talks about his multicultural upbringing and life under British rule. He was born in Surabaya, Java, but his parents' orientation was always to China. Wang grew up in the plural, multi-ethnic town of Ipoh, Malaya (now Malaysia). He learned English in colonial schools and was taught the Confucian classics at home. After the end of WWII and Japanese occupation, he left for the National Central University in Nanjing to study alongside some of the finest of his generation of Chinese undergraduates. The victory of Mao Zedong's Communist Party interrupted his education, and he ends this volume with his return to Malaya.

Wise and moving, this is a fascinating reflection on family, identity, and belonging, and on the ability of the individual to find a place amid the historical currents that have shaped Asia and the world.

"A charming intimate modest autobiography of the childhood and schooling of a great historian of China, justly acclaimed in Malaysia, China, England, Australia, Hong Kong, Singapore. How a wise Chinese mother and a headmaster in Ipoh, Malaysia taught their only son to love learning in and out of China in transition." – Ezra Vogel, Harvard University

Wang Gungwu, formerly vice chancellor of the University of Hong Kong, is emeritus professor at Australian National University and university professor at the National University of Singapore. He was awarded the Fukuoka Asia Culture Prize in 1996. He is the author of some 20 books, including *The Chinese Overseas*, published by Harvard University Press.

A NEW BOOK FROM
Straits Times Press



Life In Plastic

by Woffles Wu

ISBN: 9789814827010

Size: 227 mm x 152 mm (portrait),

Extent: 304 pp + 20 pp photo insert, limp cover

Estimated weight: 450 grams

Pub. July 2018

Retail Price: \$ 35.20

Special Price: \$ 29.92

(Valid till 28-Dec 2018)

Prices are inclusive of GST

LIFE IN PLASTIC

WOFFLES WU

In this entertaining and often touching memoir, well-known plastic surgeon Woffles Wu lifts the lid on his early childhood, his growing-up years in London and his life as a young doctor in Singapore. He also writes about his role models in life, going on a remarkable "US tour" to talk about plastic surgery, what it is like being famous, and much, much more.

Filled with short standalone pieces covering the different stages of his life, each page of this book takes you deeper into his mind as well as into the past. One section is about his childhood memories of being in London in the mid-60s with his mother, who was there to continue her law studies, and he writes of moving from one cheap rented room to another.

There are tender tales of Woffles' great-grandparents and his grandparents – from how they met and fell in love, to his great-grandma's antique cupboard, which had been part of her wedding trousseau more than a hundred years ago.

His pieces on being in Singapore as a teen and a young adult – with titles like "Cars in the sweltering 70s" and "Dick Lee gila time" – are a delightful ode to that exciting era, when Woffles and his friends hung out at Jackie's Bowl and Hyatt Bowling Alley until well after 11pm, shopped at Peninsula Plaza, and danced at discos such as El Morocco at Imperial Hotel and Chinoiserie at Grand Hyatt.

There are intimate moments, too: Woffles recalls how his parents' divorce when he was just a young child affected him, and what it was like being a junior doctor in the then-Toa Payoh Hospital in the 80s.

The book is divided into four sections:

- Life in 60s London and 70s Singapore (his childhood memories)
- My family (tales of his parents, grandparents and great-grandparents)
- Life in Plastic (being a doctor and a surgeon)
- Postscript (other standalone pieces, for example, on suffering the viral illness Chikungunya in 2008, and finally buying his son a dog)

The book has a 20-page coloured photo insert, with many never-seen-before photos of Woffles as a child, and of his family.

About the author

Woffles Wu studied medicine in Singapore and specialised in plastic surgery while working at the former Toa Payoh Hospital in the 80s. A craniofacial surgeon by training, he moved to Singapore General Hospital (SGH) in 1989, where he worked as a plastic surgeon for 12 years before setting up his own practice. In 1990, he won the Young Surgeon of the Year award for his research on nasal anatomy. He also gained international recognition for creating a patented non-surgical face-lift in 2002, known as the Woffles Lift.



A NEW BOOK FROM
Straits Times Press



Monumental Treasures:
Singapore's Heritage Icons

Edited by Melody Zaccheus

ISBN: 978-981-4747-93-6

Size: 195mm x 250mm (portrait)

Extent: 288 pp, soft cover with flaps

Pub. July 2018

Retail Price: \$ 42.70

Special Price: \$ 36.30

(Valid till 28-Dec 2018)

Prices are inclusive of GST

MONUMENTAL TREASURES: SINGAPORE'S HERITAGE ICONS

Embark on a spectacular journey of Singapore's culture and heritage as you follow this guide that explores more than 70 of the country's national monuments. Rich in architectural value, historical worth and social relevance, these buildings include our civic institutions, places of worship, schools, museums and even hotels, with some going back to more than 150 years old. This is a collection of colourful stories and specially curated photos designed to take the reader on a grand retelling of Singapore's built heritage while celebrating the city's communities and their contributions to its physical landscape.

Go back in time and uncover interesting stories and slices of Singapore's past through monuments such as:

Former Parliament House — built in 1827 and likely to be the oldest surviving building in Singapore.

Sri Mariamman Temple — the oldest Hindu temple in Singapore which dates back 190 years.

Cathedral of the Good Sheperd — the oldest Catholic church in Singapore which also houses Singapore's oldest functioning pipe organ.

Istana Kampong Gelam and Sultan Mosque — originally the palace and place of worship for royalty in the 19th century.

Thian Hock Keng Temple — where Chinese immigrants used to pray and give thanks for a safe voyage.

Central Fire Station — Singapore's oldest existing fire station whose watch tower was the tallest structure in Singapore when the station was built.

The reader-friendly guide comes with a comprehensive map and is organised according to MRT station locations, perfect for the curious wanderer keen to explore Singapore's heritage gems up close.

• **About the Editor | Melody Zaccheus**

Melody Zaccheus is Correspondent (Heritage, Community and Religion) for The Straits Times. She is at the forefront of conservation and preservation issues in Singapore, breaking stories that resonate with an increasingly heritage-conscious public. She keeps her ear to the ground to pick up untold and brewing groundswell stories that might shake up the landscape and gives a voice to forgotten historical figures and everyday people with stories to tell. Her beat requires a simple love for the nation's neighbourhoods, icons and traditions.



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BOOK INFORMATION

Rise of the Small

ISBN: 9789811169625 Extent: 150 pages, paperback

Author: Raymond Ng Size: 148 x 210 mm

Publisher: Black Unicorn Genre: Self-help / Business

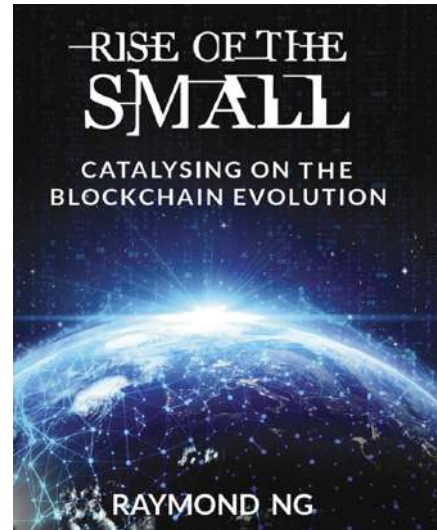
Availability: From 14 Aug 2018

Retail Price: \$ 26.75

Special Price: \$ 22.74

(Valid till 28-Dec 2018)

Prices are inclusive of GST



Synopsis

We are at the forefront of the Blockchain Evolution.

There are two sides to the argument of Blockchain, the foundational technology in which Cryptoassets gravitate and thrive on.

The incumbents of the existing economy arm themselves with the argument that Cryptoassets are unregulated and not backed by any assets. The Blockchain crusaders, on the other hand, proclaim that the value of Cryptoassets is derived from their scarcity. Both sides are polarised. So who is right? They have failed to grasp the essence of the Blockchain evolution.

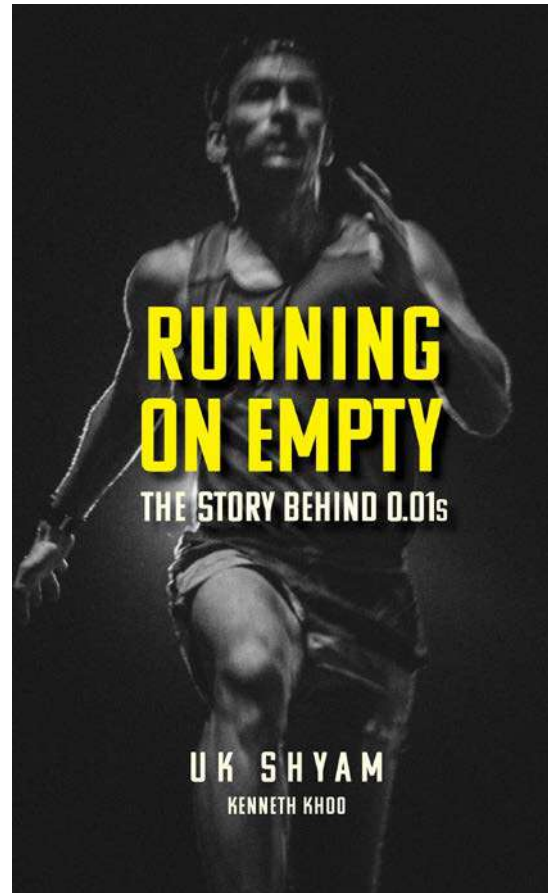
Regulation by itself has no effect on the regulated. The New York Stock Exchange was founded in 1792 when 24 stockbrokers signed the Buttonwood Agreement. In the 142 years before the Securities and Exchange Commission was established on 1934, there had been no authoritative gatekeepers. Yet companies flourished. The value of Cryptoassets should not be based on their scarcity. Instead, it is to be pegged to an undeniable economic principle - reduction of transactional friction and as a catalyst to economic transactions. A ground breaking interpretation methodically revealed in Rise of the Small.

The Blockchain disruption provides a stage for underdogs to rise like never before. We can now stand on the intersection between finance, law and technology to ride the wave to immense opportunities.

Recognise Cryptoassets as an economic catalyst.
Cut through the noise to find the real gems in Cryptoassets.
Embrace the Blockchain evolution through practical approach.
Revolutionise society and transform the world using Cryptoassets.

Title: Running on Empty:
The Story
Behind 0.01s
Author: Kenneth Khoo
ISBN: 978-981-11-7001-0
Book Size: 130mm x 200mm (portrait)
Pages: 288
Year: 2018
Finish: Paperback
Genre: Biography, Non-fiction,
Sports Memoirs
Published by: Ethos Books

Retail Price: \$ 19.90
Special Price: \$ 16.92
(Valid till 28-Dec 2018)
Prices are inclusive of GST



About the Book and UK Shyam

"I think I spent more time fighting the system and officials than actually running faster and faster." —UK Shyam, in an interview with the media in 2004

Running on Empty is a revealing insight into UK Shyam's journey—his beginnings as an aimless youth from a single-parent family to becoming Singapore's fastest man. Powering past obstacles that are disclosed in this exclusive account, *Running on Empty* takes you through Shyam's eventful track career from the 1990s to early 2000s: a period that saw him talent-scouted as a promising athlete, to making the heart-wrenching decision of quitting the sport, before his spectacular return as the golden boy of Singapore athletics. Never smooth-sailing, Shyam's life as a sprinter was marked by a lack of financial support as well as controversy with the media and the Singapore Athletic Association (SAA), all of which often threatened to distract from his sprinting ambitions.

Written by former national sprinter Kenneth Khoo and extensively supported by interviews with prominent national athletes such as Ang Peng Siong and C Kunalan, sports officials and coaches, it presents the little-known lives of full-time athletes—the grit behind their glamour, and the fight against all odds.

This is the story behind 0.01 seconds.

SINGAPORE 1819

A LIVING LEGACY

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KENNIE TING

The story of modern Singapore as told through its living heritage is encapsulated in this handsome book, published to coincide with the 200th anniversary of Singapore's founding as a city-state. Today's vibrant, cosmopolitan country developed a singular identity through the many colourful 'ingredients' outlined in this book. Starting with the founding of modern Singapore by Sir Thomas Stamford Raffles, we review the many events, people, artefacts, legends and lifestyles pre- and post-1819 that contributed to make Singapore the unique city it is today.

This is the first book to encompass all aspects of Singaporean heritage, be it sociological, environmental or man-made. Historic personages, monuments, architecture and the arts, cultures and traditions, and flora and fauna are all covered in their many facets. The book showcases how much of 1800s and early 1900s Singapore remains today, thereby presenting a lesser-known side to the city-state — one that is surprisingly historic and richly evocative, a different face to a place more often associated with a stark modernity.

Insightful, lively texts by museum director and heritage expert, Kennie Ting, are accompanied by archival images, contemporary photographs, maps and more, to present a comprehensive picture of the city-state — past and present.

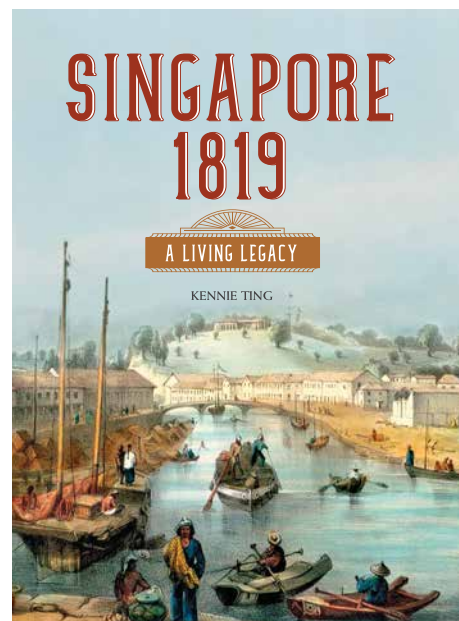
MAIN SELLING POINTS:

- With the 200th anniversary of Singapore being celebrated in January 2019, it is a timely opportunity to re-examine what makes this country unique: all the city-state's heritage encapsulated in one volume.
- Tapping into the global interest in heritage in general, this book explores all the many facets of Singaporean heritage — from built heritage to historic sites, personages, cultures and communities, arts, leisure, flora and fauna, and more.
- The book delves into the global and regional origins of many national and everyday aspects of Singapore's heritage, providing surprising and rarely explored backstories on familiar aspects of Singaporean life often taken for granted.

AUTHOR:

KENNIE TING is a sociologist and cultural heritage professional, fascinated by the history and heritage of colonial port cities in Asia, especially of Singapore where he was born. Previous books explore his interests: *The Heritage* book in the *Singapore Chronicles* series (2015) and *The Romance of the Grand Tour: 100 Years of Travel in South East Asia* (Talisman, 2015).

Ting is also the Director of Singapore's Asian Civilisations Museum and Peranakan Museum, two national museums that explore interactions between civilisations and peoples in Asia.



Specification:

Talisman Publishing

192 pages

238 X 165 mm (Portrait)

Format: Hardback with jacket

Pub Date: October 2018

ISBN: 9789811185731

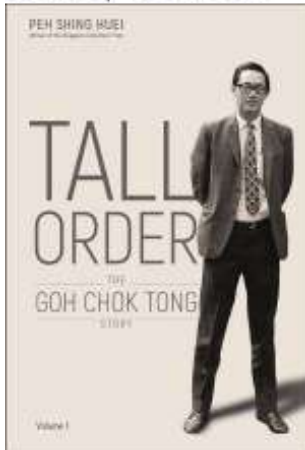
Retail Price: \$ 29.00

Special Price: \$ 24.65

(Valid till 28-Dec 2018)

Prices are inclusive of GST





Tall Order: The Goh Chok Tong Story

Volume 1

November 2018

Pages: 300

By (author): Shing Huei Peh (The Nutgraf, Singapore)

ISBN: 978-981-3276-13-0 (softcover)

World Scientific Publishing

Retail Price: \$ 39.60

Special Price: \$ 33.66

(Valid till 28-Dec 2018)

Prices are inclusive of GST

Goh Chok Tong was an improbable Prime Minister for an unlikely country. He had neither the connections nor the cunning to rise to the top, and was even once famously derided by his mentor Lee Kuan Yew for being "wooden" in his communication skills. Except for an imposing height most unusual in this part of the world, he was an ordinary man. He lost his father at a young age, lived in a two-bedroom public flat with his mother and four siblings and needed a government bursary to complete university.

Yet somehow he succeeded. Tall Order tells the extraordinary story of his life and career over half a century, revealing how Singapore's second Prime Minister rose through a combination of strength, wit and a political nous which many, including himself, did not know he had. In this first of two volumes, Goh navigated years of a challenging apprenticeship to Lee, scoring numerous policy successes but also suffering political blows and humiliation.

He was the man who first made Neptune Orient Lines, Singapore's national carrier, profitable, before entering politics. The stellar corporate stint was followed by his many novel policies and institutions that have since become household names in the country: Medisave, Total Defence, Residents' Committee and Nominated Member of Parliament. But the highlights were counterposed by setbacks, including overseeing the People's Action Party's first electoral defeat after independence at the Anson by-election.

In the hands of acclaimed author and journalist Peh Shing Huei, this authorised biography reveals the private deliberations and negotiations between Goh and Lee before the maiden leadership transfer of independent Singapore. Tall Order is the first biography of Goh. This riveting book offers rare insights into Singapore's biggest and most important political and economic stories.



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Gst REG : 19-9800475-N

Think to Thrive

ISBN: 9789811151446

Author: Dr Henry Toi

Publisher: Write Editions

Extent: 248 pages, paperback

Size: 152 x 228 mm

Genre: Self-help / Motivational

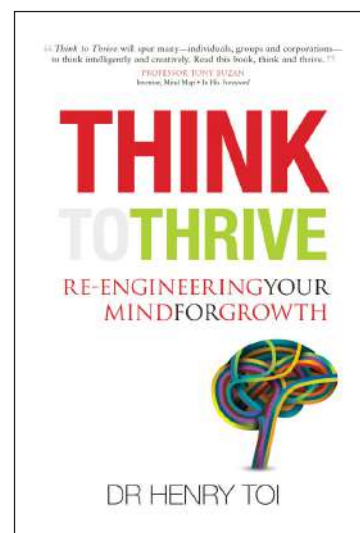
Availability: From 28 Aug 2018

Retail Price: \$ 44.94

Special Price: \$ 38.20

(Valid till 28-Dec 2018)

Prices are inclusive of GST



Synopsis

Re-engineer your mind for growth.

Thinking happens almost automatically from the day we are born. However, this can be said of speaking and listening. We all know that few people speak well and listen well. It is the same for thinking: few think well. This book *Think to Thrive* will examine the basis of thinking and introduce a fundamental model of a process of good thinking called PEARL. The simple and effective tool can be used to improve thinking in almost any situation we face. PEARL is as applicable in the classroom as in the boardroom



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Gst REG : 19-9800475-N

Whatever It Takes

ISBN: 9789811170669

Author: Jacky Chua

Publisher: Black Unicorn

Extent: 150 pages, paperback

Size: 148 x 210 mm

Genre: Self-help / Motivational

Availability: From 4 Sep 2018

Retail Price: \$ 29.96

Special Price: \$ 25.47

(Valid till 28-Dec 2018)

Prices are inclusive of GST



Synopsis

Is entrepreneurship for you?

What does it take to succeed in business?

How can you avoid pitfalls and bounce back from setbacks?

Enormous effort had gone into putting together Whatever It Takes.

It is meticulously compiled and specially written for you – the hustler, the go-getter, the trailblazer, the outlier. If this book has one objective, it is to encourage you to give your absolute best every day: to wake up ready to take on the world and to go to sleep knowing you have given your all.

Treading the road less travelled isn't easy; it's not always a smooth path. To navigate the bumps ahead, it will take guts, foresight and calculated risk. But that's what makes success all the more sweet, and the toil and moil worthwhile.

To equip you with the knowledge you need, we shortlisted over a dozen entrepreneurs to share their thoughts, insights and success tips. These entrepreneurs are from an assortment of trades and expertise – wellness, F&B, retail, corporate training, online marketing and many others. You are sure to uncover nuggets of wisdom that are immediately applicable in your business.

Draw inspiration from top business minds in unique trades.

Learn and apply over 50 success tips in your business.

Multiply your business and personal success.



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Life in Plastic	9789814827010		\$29.92	
Monumental Treasures: Singapore's Heritage Icons	9789814747936		\$36.30	
Rise of the small	9789811169625		\$22.74	
Running on Empty: the story behind 0.01s	9789811170010		\$16.92	
Singapore 1819: a living legacy	9789813236202		\$24.65	
Tall order: the Goh Chok Tong story	9789813276130		\$33.66	
Think to Thrive	9789811151446		\$38.20	
Whatever it takes	9789811170669		\$25.47	
Total				

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