Promotion valid till 28-June 2019

Click on image for book details.
About the Book

Disability is neither strange nor distant. Part autobiography, part reflections of social advocate Cassandra Chiu’s experiences as a person living with visual impairment, *A Place For Us* is the story of the first woman to be a guide dog handler in Singapore and the first Young Global Leader of the World Economic Forum in Southeast Asia who happens to be blind.

Cassandra’s story starts with her growing-up years in 1980s Singapore to how her life unfolds with the onset of Stargardt’s disease, which costs progressive vision loss. From pursuing an education, to navigating motherhood, gaining true independence with her guide dog and her struggles in building a career as a psychotherapist, Cassandra openly discusses the attitudes towards disability that she has faced in her journey.

In inimitable frankness, *A Place For Us* offers an illuminating perspective of a person living with disability beyond the pity party of her life, and advocates for a more equal and sustainable future for people with disabilities.
Title: A Place For Us

About the author

Cassandra Chiu is a blind psychotherapist who manages The Safe Harbour Counselling Centre. Chiu is also a social advocate for equal opportunities and has been interviewed extensively by the media on inclusivity towards the disabled. Her works have been featured in publications by the World Economic Forum, The Straits Times Opinion Page and in 50 Years of ASEAN, an anthology of essays. Contact her at www.cassandrachiu.com

What others have to say

“Powerful, heartfelt, courageous and honest. Cassandra makes us think deeper about what kind of society we are and who we want to be.” —Eunice Olsen, creator of International Emmy Award-Nominated series, WomenTalkTV

“I hope it will be read by many Singaporeans and friends abroad. I hope the book will be an inspiration to many in the disabled community in their struggle for acceptance and equality.” —Prof. Tommy Koh, Ambassador-at-Large, Ministry of Foreign Affairs, from his Foreword to A Place For Us

“Cassandra is a lady with immense mental strength who shares her resilient spirit in her new book A Place For Us. This is a well-written book for anyone who wants to learn about the experience of disability, and how we can do our part to make the community more inclusive.” —Dr. Jessica Leong, CEO/Clinical & Academic Director, Executive Counselling & Training Academy

“Cassandra invites us to enter her world by sharing her poignant story about resilience, optimism, independence, courage and zest for life. Her blindness does not stop her from choosing to live life to her fullest potential while passionately advocating for inclusivity and equality for all blind people. This is one change-maker’s voice that must be heard and amplified.” —Dr. William Wan, General Secretary, the Singapore Kindness Movement
A NEW BOOK FROM
Straits Times Press

DELICIOUS HEIRLOOMS:
STORIES BEHIND SINGAPORE’S
OLDEST FAMILY-RUN RESTAURANTS

OW KIM KIT

Who was “Fatty Weng”? Which family restaurant is being run by the fourth generation? “Samy’s Curry” got its name from its owner, but “Muthu’s Curry” didn’t — so where did the “Muthu” come from?

Discover the answers to these questions and more in this book, which traces the founding and growth of 10 well-known family-run restaurants in Singapore — some dating back to the 1920s.

The author, a lawyer, researched and approached restaurants over two years and narrowed the list down to 10 “classics” in the Singapore food scene. One criterion she kept strictly to was that the restaurant still has to be run by the next-generation family members and cannot have changed hands or been sold to third parties. She then did interviews personally with all the families involved in the restaurants.

The result: An invaluable, detailed addition to the historical record of Singapore’s food scene and heritage.

The book, which received a National Heritage Board grant, recounts the sacrifices and hardship that many of the founders experienced to eke out a living. It includes personal anecdotes from family members of the early days and discussions with the next generation on how they plan to keep the restaurant and the spirit of their forefathers alive.

The 10 restaurants featured are:
Fatty Weng • Guan Hoe Soon • Huat Kee • Islamic Restaurant • Ka-Soh (Swee Kee) • Ming Chung Restaurant • Muthu’s Curry • Sabar Menanti • Samy’s Curry • Spring Court

Other highlights of the book:
Full colour • Packed with photos, many provided especially for the book • Recipes from each restaurant, as shared by the family

Quotes from some owners:
“My grandparents had foresight and wanted each of their children to specialise in a certain type of cooking or a specific dish... my mum Maryulis became the ikan bakar specialist.” – Iszahar Tambunan, a third-generation owner of Sabar Menanti

“Peranakan food is heritage food. It needs to be passed down, so I am always happy to teach the next generation.” – Yap Kow Soon, second-generation owner of Guan Hoe Soon

OW KIM KIT | AUTHOR

Ow Kim Kit is a Singaporean lawyer whose love for food motivated her to put this book together. When not eating or researching old-school restaurants, she juggles between a busy banking and finance legal practice at Messrs Bird & Bird ATMD LLP, family, and finding the elusive solution to counter middle-age weight gain.
A guide to the appropriate options available for resolving disputes, such as adjudication, arbitration, conciliation, dispute boards, expert determination, litigation, mediation, neutral evaluation, etc. The book carries out a thorough explanation of each of these mechanisms, how each operates, and practical considerations as to how each of these mechanisms may be appropriate, the key differences between the various dispute resolution mechanisms and why a party may need to adopt a particular method are also explored.

About the Author
Anil Changaroth is an Advocate & Solicitor of Singapore and qualified as a barrister of England and Wales in 1993.
Anil is Managing Director and General Counsel of ChangAroth Chambers LLC. In practice since 1995 (and conversant in Mandarin, Malay, Malayalam and Tamil, besides English), he focuses on Building, Construction and Infrastructure work and most aspects of Commercial, Civil, Criminal and Corporate front end advisory work and Appropriate Dispute Resolution services. Anil also practiced with the arbitration group of an international law firm and was in-house counsel with the Contract Advisory and Dispute Management division of Davis Langdon & Seah (Arcadis Group).
If you have always wanted to build a million-dollar fortune, stop dreaming. You can make your dreams a reality right now! You will learn that it does not require a Harvard Business Degree, good luck or lots of capital to make it rich. With a strong desire, a million-dollar mindset and the right money-making strategies, you can become a self-made millionaire.

This is the most practical & comprehensive book ever written on how to create, manage, multiply & enjoy your money. It is a must read for entrepreneurs, managers, professionals, executives & anybody who has ever dreamed of getting out of the rat race & onto the path of financial freedom.
What should an individual do in this topsy-turvy world where all the rules that once defined success have taken a whole new course? Sink, swim or thrive? Thrive. Can you? Thriving is not merely being financially successful. It is also to be fulfilled, happy and making a difference. Are you thriving? Or do you just have a job?

Many people are already struggling to do well in the rat-race called ‘career’ amidst the seismic changes to the world. Add robots and Artificial Intelligence into the mix, do they even stand a chance to keep their jobs, much less thrive?

In an unfair world, we need an unfair advantage to succeed, be happy and thrive. Our unfair advantage is found in us, as unique as each human being. This book, with stories from across the globe, is about how to turn your uniqueness into your greatest asset in a world that is becoming more and more challenging - so that you can beat the odds, have a successful career and thrive.
A brave and mighty volume for HCI’s 40th anniversary, Success Stories from the Heart bares their souls and tells the stories of not only their own lives, but of the many lives they’ve touched. Each contributing author in this extraordinary book has played a pivotal role in the advancement of mental health services and personal transformation. They coined the phrases, they made the discoveries, they are the vanguards who brought us a deeper understanding of the issues that affect us, our families, our communities, and every one of our relationships. They are the true, indispensable guides and mentors who rescue us from ourselves and each other, that teach us better, more fulfilling ways to live.

Let Success Stories from the Heart inspire you - it’s a celebration of 40 momentous years and a thrilling celebration of life!
A NEW BOOK FROM
Straits Times Press

HE LadWINDS AND HAZARDS:
ECONOMIC SNAPSHOTs IN AN AGE OF POPULISM

What are some of the key economic and social challenges facing Singapore? How will new technologies change the future of work? What are the dynamics driving the trade war between the United States and China? How do economists try to predict football results? What practical lessons can we learn from behavioural economists? How was Venezuela transformed from being one of the richest countries in Latin America to one of the poorest in barely a decade?

These are just some of the questions that financial journalist and former IMF economist Vikram Khanna addresses in his new book, Headwinds and Hazards: Economic Snapshots in an Age of Populism, a collection of his essays on economic affairs which have appeared in The Straits Times and The Business Times.

In these essays, Vikram casts an astute eye over sweeping issues, ranging from enduring economic themes such as trade tensions and economic inequality to more recent phenomena such as bitcoin and blockchain. The book also includes his critical reviews of thought-provoking books on issues relating to Singapore, China, India and Asean.

VIKRAM KHANNA | AUTHOR

Vikram Khanna is Associate Editor of Singapore's main daily, The Straits Times and the former Associate Editor of Singapore's financial daily, The Business Times, where he has worked since 1993. He has also been a columnist with both papers and now helms the Economic Affairs column which appears every Wednesday in The Straits Times. He used to coordinate the prestigious Raffles Conversation interview series in The Business Times. Over the last 25 years, he has conducted more than 250 full length interviews with heads of government, global CEOs, Nobel laureates and other thought leaders. Prior to joining The Business Times, Vikram served for seven years with the International Monetary Fund in Washington DC. He has B.A., M.A. and M.Phil degrees in Economics from the University of Cambridge, UK.
Learn to prepare authentic dim sum snacks with ease from dim sum master Ng Lip Kah. In Dim Sum Basics: A step-by-step guide to making dumplings and other irresistible bite-sized snacks, Chef Ng demonstrates how to make all-time favourites like siew mai, paper-wrapped chicken, glutinous rice in lotus leaf and egg tarts; as well as creative additions such as salted egg yolk custard buns and snow skin dumplings.

Written in an easy-to-follow manner and presented with step-by-step photographs, these recipes will help perfect your skills in making dim sum, be it moulding dumplings into various shapes or preparing crisp and laky pastries. With Chef Ng’s guide, you can enjoy delicious, freshly made dim sum at home.
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Above prices are inclusive of 7% GST; Special Prices valid till 28 June 2019

## Contact Details

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